

North West XC – Race 2 – Beacon Park 13 November 2016 – 4.5M

Please note that the rules require each team to have at least one vet runner to count (O35 for Ladies and O40 for Men). If the mens team does not have a vet in the first 6 counters (3 for Ladies) then your last counter is replaced by the first vets position. This has affected a couple of teams.

Mens Results

1	Rob Grantham	Pensby Runners	O40M	68	Ian Russell	Penny Lane Striders	O50M
2	Stephen Watkin	Penny Lane Striders	U40M	69	Dean Howlett	Liverpool RC	U40M
3	Jonathan Smith	Lymm Runners	U30M	70	Tony Jackson	Newburgh Nomads	O55M
4	Ian Lawton	Mersey Tri	U40M	71	Marc Goudie	Penny Lane Striders	U40M
5	Chris Pownell	Knowsley Harriers	U30M	72	Andy Dowdeswell	Widnes RC	U40M
6	James Toohey	Liverpool RC	U30M	73	Dean Wilson	Liverpool RC	O40M
7	Mark Clair	Knowsley Harriers	U40M	74	Jay Clarke	Penny Lane Striders	U40M
8	Graham Houghton	Spectrum Striders	O40M	75	Richard Seville	St Helens Striders	O40M
9	Lawrence Eccles	Penny Lane Striders	U40M	76	Steve Leslie	Village Runners	U40M
10	Jon-Jo Doherty	St Helens Striders	U40M	77	Gareth Boyd	Helsby	O40M
11	Karl Steinegger	Spectrum Striders	U30M	78	Thomas Rimmer	Penny Lane Striders	U30M
12	Mark Howard	Mersey Tri	O40M	79	Rob Garth	Penny Lane Striders	U30M
13	Colin Bishop	Helsby	O55M	80	James Warburton	Kirkby Milers	U40M
14	Neil Finegan	Helsby	O40M	81	Kevin Enright	Liverpool RC	U40M
15	Peter Fairclough	St Helens Striders	U30M	82	Mark Riley	St Helens Striders	U40M
16	Colin Thompson	Helsby	U40M	83	Alistair Malpas	Pensby Runners	U40M
17	Mark Heavey	Warrington RR	O45M	84	Mark O'Callaghan	Kirkby Milers	U40M
18	Neil Bullock	Penny Lane Striders	U30M	85	Neil Barber	Kirkby Milers	U40M
19	Chris Millington	Spectrum Striders	O45M	86	Simone Capponi	Penny Lane Striders	O40M
20	Sam Evans	Penny Lane Striders	U40M	87	David Ralphs	Newburgh Nomads	O55M
21	Stephen Harrison	Village Runners	O40M	88	David Daly	Kirkby Milers	U40M
22	Chris Collins	Delamere Spartans	U30M	89	Phillip Roberts	Helsby	O40M
23	Alexander Lewis	Warrington RC	U30M	90	Kevin Brown	Knowsley Harriers	O45M
24	Patrick Boyle	Liverpool RC	O40M	91	Mike Aisbitt	Skem BH	O40M
25	Ian Magill	Liverpool RC	O45M	92	Jonathan Strange	Warrington RC	U30M
26	Matthew Robinson	Newburgh Nomads	U40M	93	Craig Hoy	Liverpool RC	U30M
27	Andrew Shelbourne	Widnes RC	U30M	94	Nick Wishart	Delamere Spartans	O50M
28	Ian Joinson	Kirkby Milers	U30M	95	Jim Dawson	Lymm Runners	O50M
29	Steve Nijs	Liverpool RC	U40M	96	Paul Atherton	Delamere Spartans	O40M
30	Alex Mason	Delamere Spartans	O40M	97	Jonathan Fairhurst	Mersey Tri	O40M
31	Alex Cowin	Penny Lane Striders	U40M	98	Daniel McKeivitt	Kirkby Milers	U40M
32	Matt Ashford	Lymm Runners	O40M	99	Nigel Taylor	Warrington RC	U40M
33	Matt Goodwin	Pensby Runners	U40M	100	Stephen Roberts	Delamere Spartans	U30M
34	Sam Evans	Penny Lane Striders	U40M	101	Paul Whittle	Newburgh Nomads	O45M
35	Daniel Peers	Spectrum Striders	U30M	102	Ian Atkinson	Ellesmere Port RC	O50M
36	Darren Rodmell	Penny Lane Striders	O40M	103	Kenneth Day	Kirkby Milers	U40M
37	John Manion	Liverpool RC	O60M	104	Phil Lomas	Warrington RC	U40M
38	Marty Christian	Kirkby Milers	O45M	105	Gary Wilton	Kirkby Milers	U40M
39	Alex Rigby	Liverpool RC	U30M	106	Peter Lloyd	Lymm Runners	O55M
40	Kyle Harrison	Liverpool RC	U30M	107	Robert Moore	Knowsley Harriers	O40M
41	Chris Fitzpatrick	Helsby	O40M	108	Karl Tuzio	Newburgh Nomads	O50M
42	David Lawton	Liverpool RC	U40M	109	Andy Garnett	Spectrum Striders	O60M
43	Phil Riding	Penny Lane Striders	O40M	110	Dominic Roberts	Pensby Runners	U40M
44	Tom Greaves	Warrington RR	U30M	111	Julien Tour	Penny Lane Striders	U40M
45	Rob Hough	Spectrum Striders	O45M	112	Andrew Glen	Knowsley Harriers	O50M
46	David Edwards	Kirkby Milers	O50M	113	Sean Britton	Mersey Tri	U40M
47	Will Kozer	Widnes RC	U40M	114	Paul Cheetham	Skem BH	O45M
48	James Morgan	Chester Tri	U40M	115	Ian Edge	Warrington RR	O50M
49	Rob McBain	Northwich RC	U40M	116	David McCulloch	Kirkby Milers	U40M
50	Michael Heyes	Mersey Tri	U40M	117	Michael Flatley	Liverpool RC	U30M
51	Jonathan Toft	Penny Lane Striders	U30M	118	Julian Spencer	Spectrum Striders	O55M
52	Ralph Pawling	Pensby Runners	U40M	119	Kevin Outten	St Helens Striders	O40M
53	Phil Johnson	Mersey Tri	U40M	120	Chris Enwright	Mersey Tri	U40M
54	Kevin Walker	Skem BH	O40M	121	Ian Rivers	Kirkby Milers	O45M
55	Dave Douglas	Delamere Spartans	O45M	122	Mark Culshaw	Newburgh Nomads	O45M
56	David Knowles	Liverpool RC	O60M	123	Daryl Mullen	Newburgh Nomads	O50M
57	Nathan Parry	Knowsley Harriers	U20M	124	Jeff Adams	Pensby Runners	O60M
58	Lewis Houghton	Kirkby Milers	U20M	125	Graham Cheers	Warrington RC	O40M
59	Graham Douglas	Penny Lane Striders	U40M	126	Kevin Gillibrand	Warrington RR	O50M
60	Owen Barden	Mersey Tri	O40M	127	Gavin Parry	Knowsley Harriers	O45M
61	Andrew Keeley	Penny Lane Striders	O50M	128	Michael O'Rourke	Penny Lane Striders	U40M
62	Chris Baynham-Hughes	Helsby	O40M	129	George Pierce	Liverpool RC	O45M
63	Steven Kelly	Liverpool RC	U40M	130	Paul Wilson	Liverpool RC	O45M
64	Jack Antrobus	Spectrum Striders	U40M	131	David Houghton	Kirkby Milers	U40M
65	Michael Flatley	Liverpool RC	U30M	132	Iain Wood	Chester Tri	O55M
66	Kye Byrne	Warrington RC	U40M	133	Paul Turner	Delamere Spartans	O40M
67	Chris Usher	Newburgh Nomads	O40M	134	Jono Kirkman	St Helens Striders	U40M

135	Lewis Johnston	Warrington RR	U30M	188	Rob Johnson	Mersey Tri	O50M
136	Stuart Atherton	Knowsley Harriers	U40M	189	Paul Foster	Helsby	O40M
137	Darren Bohanna	Knowsley Harriers	U30M	190	Marty Hirrell	Penny Lane Striders	O50M
138	Mike Burns	Ellesmere Port RC	O50M	191	Billy McLoughlin	Liverpool RC	U40M
139	Paul Roberts	Widnes RC	U40M	192	Grant Wilcox	Delamere Spartans	O40M
140	Dave Roberts	Ellesmere Port RC	O55M	193	Malcom Fraser	Delamere Spartans	U40M
141	Daniel Brady	Skem BH	U30M	194	Stephen Saunders	Pensby Runners	O50M
142	Graham Driver	Spectrum Striders	O45M	195	Jim Maxfield	Newburgh Nomads	O60M
143	Andie Gow	Pensby Runners	O60M	196	Brad Ehlen	Northwich RC	O45M
144	Graham Stewart	Liverpool RC	O50M	197	Jon Windle	Penny Lane Striders	O40M
145	William Merritt	Knowsley Harriers	O50M	198	Alex Abbott	St Helens Striders	U30M
146	Stephen Riley	Helsby	O50M	199	Mark Scott	Liverpool RC	O50M
147	Andrew McKnight	Widnes RC	U40M	200	Andy Waring	Birkenhead	O60M
148	Dave Gallimore	Warrington RR	O40M	201	Paul Cope	Kirkby Milers	U40M
149	Paul Cunningham	Kirkby Milers	U30M	202	Tony Fishwick	Kirkby Milers	O45M
150	Gareth Jones	Delamere Spartans	O45M	203	Frank Murphy	Knowsley Harriers	O50M
151	Michael Williams	Helsby	U40M	204	Gordon Scholefield	Pensby Runners	O60M
152	Richard Shayle	Pensby Runners	O45M	205	Tony Green	Penny Lane Striders	O55M
153	Richard Harris	Newburgh Nomads	O50M	206	Dan Pascoe	Liverpool RC	O50M
154	Andy Coley	Spectrum Striders	O40M	207	Steve Stuthridge	Village Runners	O40M
155	Lee Southern	Northwich RC	U40M	208	Richard Maclwaine	Spectrum Striders	O55M
156	Ian Chisnall	St Helens Striders	O40M	209	Stuart Greenhall	Northwich RC	O55M
157	Stephen Dipple	Penny Lane Striders	O40M	210	Andrew Swain	Widnes RC	O40M
158	Dave Reynolds	Newburgh Nomads	O50M	211	David Glover	Warrington RC	U40M
159	Ian Davies	Birkenhead	O55M	212	Alan Lowry	Kirkby Milers	O50M
160	Paul Alexander	Pensby Runners	O55M	213	Colin Thomson	Birkenhead	O40M
161	Alan Spencer	Knowsley Harriers	O55M	214	Gary Jones	Kirkby Milers	O40M
162	Peter Naylor	Delamere Spartans	U40M	215	Roy Fisher	Pensby Runners	O60M
163	Tim Holloway	Delamere Spartans	O50M	216	Steve Pemberton	Penny Lane Striders	O60M
164	Steve Halliman	Chester Tri	O40M	217	David Hughes	Penny Lane Striders	O50M
165	Ste Maguire	Penny Lane Striders	O40M	218	Ian Sneddon	Birkenhead	O60M
166	Andrew Bates	Penny Lane Striders	U30M	219	Bob Burke	Liverpool RC	O50M
167	Anthony Beyga	Kirkby Milers	O55M	220	Gary Smallman	Kirkby Milers	O40M
168	Andrew Gerrard	Warrington RR	O50M	221	Neil Booth	Warrington RC	U40M
169	George McCann	Liverpool RC	O45M	222	Craig Dennen	Widnes RC	O45M
170	Mike Devereux	Penny Lane Striders	O60M	223	Shaun Mcgrath	Penny Lane Striders	U30M
171	Tommy Burke	Penny Lane Striders	O60M	224	Dave Thompson	Spectrum Striders	O60M
172	John Kleiser	Delamere Spartans	U40M	225	Nigel Pratten	Pensby Runners	O60M
173	John Hammond	Mersey Tri	O40M	226	Tony Dickinson	Kirkby Milers	O45M
174	Robert Chalmers	Pensby Runners	U40M	227	Gareth Jones	Northwich RC	O40M
175	Tony Holmes	Liverpool RC	O55M	228	David Jones	Kirkby Milers	O40M
176	Fred Duenbier	Newburgh Nomads	O60M	229	Gary Spriggs	St Helens Striders	O45M
177	Wally Coppelov	Newburgh Nomads	O55M	230	Rob Lloyd	Widnes RC	O45M
178	Phil Jolley	Warrington RC	O45M	231	Tony Clixby	Village Runners	O60M
179	Mark Green	Warrington RC	O45M	232	Phil O'Rourke	Liverpool RC	O50M
180	Not Recorded			233	Christopher Sullivan	Kirkby Milers	O40M
181	Neil Goulding	Skem BH	O40M	234	Mike Tarpey	Liverpool RC	O45M
182	Alan Wilcox	Northwich RC	O50M	235	Ian Williams	Warrington RR	U40M
183	Paul Booth	St Helens Striders	U40M	236	Gareth Finlay	Warrington RC	U40M
184	Arthur Cross	Knowsley Harriers	O55M	237	Kenny Worrall	Liverpool RC	O40M
185	Sean Simmons	Chester Tri	O45M	238	Bryan Forth	Warrington RR	O45M
186	Neil Dixon	St Helens Striders	O40M	239	Andy Dalton	Skem BH	O50M
187	Colin Lamprey	Pensby Runners	O55M				

Ladies Results

1	Carol Parsons	Ellesmere Port RC	U40F	60	Sarah Matzen	Northwich RC	U40F
2	Rachael Fairclough	St Helens Striders	U35F	61	Rebecca Johnstone	Penny Lane Striders	U35F
3	Melissa Ronan	Liverpool RC	U30F	62	Becky Burke	Liverpool RC	U20F
4	Claire Andrew	Spectrum Striders	U40F	63	Abigail Willmitt	Liverpool RC	U35F
5	Kate Macfarlane	Penny Lane Striders	U30F	64	Wendy Davies	St Helens Striders	U40F
6	Lisa Grantham	Pensby Runners	O40F	65	Carole Morrison	Pensby Runners	O50F
7	Honor Thompson	Skem BH	U40F	66	Sarah Meyers	Penny Lane Striders	U40F
8	Laura Baynham-Hughes	Helsby	O40F	67	Hazel Brennan	Knowsley Harriers	U40F
9	Siobahn Woods	Liverpool RC	U30F	68	Jennifer Houghton	Kirkby Milers	U35F
10	Tracy Entwistle	Warrington RR	O40F	69	Leah Binns	Delamere Spartans	U30F
11	Maria Cook	Parbold Pink Panthers	O40F	70	Lorna Harper	Mersey Tri	U30F
12	Liz Whitfield	Spectrum Striders	U40F	71	Jane Eardley	Penny Lane Striders	U40F
13	Lauren Wilson	Penny Lane Striders	U30F	72	Gemma Lenagh	Widnes RC	U35F
14	Gillian Verdin	Liverpool RC	U30F	73	Helen Osborne	Penny Lane Striders	U30F
15	Emma Baker	Ellesmere Port RC	U40F	74	Claire Hinchcliffe	Newburgh Nomads	U40F
16	Bobbie Lomax	Warrington RC	O40F	75	Anna Watkin	Penny Lane Striders	U35F
17	Carolyn Stamper-Clark	Delamere Spartans	O40F	76	Susan Buck	Helsby	O50F
18	Liz Turner	Penny Lane Striders	U40F	77	Bhavna Mistry	Kirkby Milers	O40F
19	Lucy Partridge	Pensby Runners	U40F	78	Ann-Marie Williams	Penny Lane Striders	O40F
20	Marina Maxwell	Widnes RC	O40F	79	Julia Banning	Skem BH	U30F
21	Lynsey Unsworth	Liverpool RC	U35F	80	Sally Adams	Parbold Pink Panthers	O40F
22	Becky Wadeson	Parbold Pink Panthers	U40F	81	Amanda Holman	Kirkby Milers	O40F
23	Lisa Mercer	Liverpool RC	U35F	82	Nicola Hayes	Skem BH	U40F
24	Jenny Illidge	Helsby	U30F	83	Rachel Murray	Kirkby Milers	U40F
25	Caroline Barrow	Widnes RC	O40F	84	Melanie Bradley	Northwich RC	O40F
26	Jane Lowe	Spectrum Striders	O40F	85	Fiona Hall	Widnes RC	U40F
27	Louise Warn	Penny Lane Striders	U30F	86	Joanne Cook	Pensby Runners	U35F
28	Jennie Langston	Village Runners	U35F	87	Rebecca Heyes	Penny Lane Striders	U35F
29	Gail Stuthridge	Village Runners	O40F	88	Sue Burke	Liverpool RC	O50F
30	Sharon Samson	Penny Lane Striders	U40F	89	Katie Cunliffe	Knowsley Harriers	U30F
31	Janet Robertson	Helsby	O50F	90	Maira Burford	Skem BH	O40F
32	Janet Owens	Knowsley Harriers	O40F	91	Claire Meadows	Penny Lane Striders	O40F
33	Katinka Mitchell	Village Runners	O40F	92	Emmsie_Lou Buckley	Widnes Wasps	U35F
34	Karon Forster	Spectrum Striders	O50F	93	Elly Roberts	Spectrum Striders	O50F
35	Kayleigh Ralphs	Newburgh Nomads	U35F	94	Katy Davitt	Kirkby Milers	O40F
36	Anja Dunsch	Knowsley Harriers	U35F	95	Emma Simpson	Newburgh Nomads	U40F
37	Angela Walker	Lymm Runners	U40F	96	Natalie Cubbins	Kirkby Milers	O40F
38	Kelly-Marie Hamilton	St Helens Striders	U35F	97	Laura Bohanna	Knowsley Harriers	U35F
39	Beata Suthard	Northwich RC	U40F	98	Kay Smith	Knowsley Harriers	U40F
40	Louise Casey	Warrington RC	U40F	99	Sandra Riley	Village Runners	O40F
41	Katie Johnson	Penny Lane Striders	U40F	100	Helen Martin	Newburgh Nomads	U40F
42	Rachel Arnold	Helsby	O50F	101	Not Recorded		
43	Jo Irvine	Pensby Runners	U40F	102	Donna McKeown	Village Runners	O40F
44	Debbie Read	Helsby	O50F	103	Rachel Stead	Penny Lane Striders	U40F
45	Helen MacVicker	Delamere Spartans	O40F	104	Rachel Burke	Liverpool RC	U30F
46	Sarah Richards	Penny Lane Striders	U40F	105	Eunice Nopondo	Penny Lane Striders	O50F
47	Amy Holland	Kirkby Milers	U35F	106	Karen Kelly	Kirkby Milers	U40F
48	Alexandra Royden	Pensby Runners	U30F	107	Helen Kelsall	Kirkby Milers	U40F
49	Suzanne Fletcher	Helsby	U40F	108	Linda Greengrass	Kirkby Milers	O40F
50	Karen Parry	Knowsley Harriers	O40F	109	Denise Zachariasz	Spectrum Striders	O40F
51	Susan Hamley	Knowsley Harriers	O40F	110	Clare Evans	Kirkby Milers	O40F
52	Hayley Fairclough	Liverpool RC	U35F	111	Rachel Craig	Kirkby Milers	O40F
53	Linda Statham	Warrington RR	O40F	112	Julie Dinwoodie	Kirkby Milers	O40F
54	Gail Fairclough	Liverpool RC	O60F	113	Lesley Neary	Kirkby Milers	O40F
55	Laura Sayer-Hall	Chester Tri	U30F	114	Katy Davitt	Kirkby Milers	U40F
56	Lucy O'Connor	Kirkby Milers	U35F	115	Leanne Rimmer	Liverpool RC	U40F
57	Carla Brown	Delamere Spartans	O40F	116	Donna Mckeown	Village Runners	O40F
58	Alison MacDonald	Ellesmere Port RC	O50F	117	Becky Davies	Pensby Runners	U30F
59	Gill Collen	Warrington RR	O50F	118	Anne Hewitt	Spectrum Striders	O60F

Team Results

Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'A'	116	22
2	Liverpool RC 'A'	160	21
3	Spectrum Striders 'A'	182	20
4	Helsby 'A'	223	19
5	Mersey Tri 'A'	276	18
6	Lymm & Warrington RR 'A'	297	17
7	Kirkby Milers 'A'	334	16
8	Knowsley Harriers 'A'	378	15
9	Delamere Spartans 'A'	397	14
10	Birkenhead & Pensby 'A'	403	13
11	St Helens Striders 'A'	435	12
12	Newburgh Nomads 'A'	459	11
13	Warrington RC 'A'	509	10
14	Widnes RC 'A'	642	9
15	Skem & Parbold 'A'	820	8
16	Northwich RC 'A'	1018	7
17	Chester Tri 'A'	1027 (only 4 Ran)	6
18	Village Runners 'A'	1033(only 4 Ran)	5
19	Ellesmere Port RC 'A'	1127(only 3 Ran)	4
20	Activewomenrunning 'A'	No Team	-
21	Widnes Wasps 'A'	No Team	-
22	Weaver Warriors 'A'	No Team	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'A'	36	22
2	Skem & Parbold 'A'	40	21
3	Spectrum Striders 'A'	42	22
4	Helsby 'A'	63	19
5	Liverpool RC 'A'	66	18
6	Birkenhead & Pensby 'A'	68	17
7	Ellesmere Port RC 'A'	74	16
8	Village Runners 'A'	90	15
9	Lymm & Warrington RR 'A'	100	14
10	St Helens Striders 'A'	104	13
11	Widnes RC 'A'	117	12
12	Knowsley Harriers 'A'	118	11
13	Delamere Spartans 'A'	119	10
14	Warrington RC 'A'	170	9
15	Kirkby Milers 'A'	180	8
16	Northwich RC 'A'	183	7
17	Newburgh Nomads 'A'	204	6
18	Chester Tri 'A'	315 (Only 1 Ran)	5
19	Mersey Tri 'A'	330 (Only 1 Ran)	4
20	Widnes Wasps 'A'	352 (Only 1 Ran)	3
21	Activewomenrunning 'A'	No Team	-
22	Weaver Warriors 'A'	No Team	-

CURRENT POSITIONS

Mens 'A' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Total
1	Penny Lane Striders 'A'	22	22	44
2	Liverpool RC 'A'	21	21	42
3	Spectrum Striders 'A'	20	20	40
4=	Helsby 'A'	17	19	36
4=	Lymm & Warrington RR 'A'	19	17	36
6	Mersey Tri 'A'	16	18	34
7	Knowsley Harriers 'A'	18	15	33
8	Kirkby Milers 'A'	15	16	31
9	Delamere Spartans 'A'	14	14	28
10	St Helens Striders 'A'	13	12	25
11	Birkenhead & Pensby 'A'	9	13	22
12	Warrington RC 'A'	11	10	21
13=	Newburgh Nomads 'A'	7	11	18
13=	Chester Tri 'A'	12	6	18
15	Skem & Parbold 'A'	6	8	14
16	Ellesmere Port RC 'A'	4	4	8
17=	Activewomenrunning 'A'	NT	NT	0
17=	Widnes Wasps 'A'	NT	NT	0

Ladies 'A' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Total
1	Skem & Parbold 'A'	20	22	42
2	Liverpool RC 'A'	22	19	41
3	Spectrum Striders 'A'	19	21	40
4=	Penny Lane Striders 'A'	21	15	36
4=	Helsby 'A'	16	20	36
6=	Ellesmere Port RC 'A'	14	17	31
6=	Birkenhead & Pensby 'A'	13	18	31
8	Delamere Spartans 'A'	17	11	28
9	St Helens Striders 'A'	18	6	24
10	Lymm & Warrington RR 'A'	9	14	23
11	Knowsley Harriers 'A'	10	12	22
12=	Warrington RC 'A'	11	10	21
12=	Kirkby Milers 'A'	12	9	21
14	Newburgh Nomads 'A'	6	7	13
15	Chester Tri 'A'	4	5	9
16	Widnes Wasps 'A'	5	3	8
17	Mersey Tri 'A'	3	4	7
18	Activewomenrunning 'A'	NT	NT	0