



LADIES RUNNING CLUB

WIDNES WASPS

WINTER ROUTES

Date	Route	Route Description
04/10/16	W5	Rainhill
11/10/16	W2	The Old One
18/10/16	W3	Kingsway/Dundalk
25/10/16	W4	Barrows Green (into town)
01/11/16	W5	Rainhill
08/11/16	W2	The Old One
15/11/16	W3	Kingsway/Dundalk
22/11/16	W4	Barrows Green (into town)
29/11/16	W1	Town Centre via Coroner's
06/12/16	W5	Rainhill
13/12/16	W2	The Old One
20/12/16	W3	Kingsway/Dundalk
27/12/16	W4	Barrows Green (into town)
03/01/17	W5	Rainhill
10/01/17	W2	The Old One
17/01/17	W3	Kingsway/Dundalk
24/01/17	W4	Barrows Green (into town)
31/01/17	W1	Town Centre via Coroner's
07/02/17	W5	Rainhill
14/02/17	W2	The Old One
21/02/17	W3	Kingsway/Dundalk
28/02/17	W4	Barrows Green (into town)
07/03/17	W5	Rainhill
14/03/17	W2	The Old One
21/03/17	W3	Kingsway/Dundalk
28/03/17	S3	Dream

Club kit nights are those hi-lighted in red. Please refer to the member only Facebook page/member emails for the individual route descriptions.